

# Spa Guaycura

## *Signature Guaycura Massage – Deep Tissue*

If you are stressed and tired you will enjoy this deep massage that will help loosen your muscles, where we will work the deeper tissues of the body with aromatherapy and traditional Mexican tools that will make your massage a unique experience. The treatment concludes with a delicious bath tub with mineral salts that will leave you skin hydrated and radiant. **60 min - \$100.00**

## *Organic Swedish Massage*

Customize the massage and enjoy the benefits and purity of certified organic oils that will add a unique element to your treatment. Ask your therapist for aromatherapy options. **60 min - \$ 90.00**

## *Back, Neck and Shoulders*

Massage focuses primarily on the back, shoulders and neck area. This treatment helps to release tension and muscle pain and can be combined with any of our facials. **30 min - \$ 30.00**

## *Desert Hot Stone Massage*

Treat yourself to a magical experience of extreme comfort and relaxation from the use of hot basalt stones that are gently placed on muscles, while receiving a massage using small stones that are rubbed throughout the body. The use of aromatherapy complements the therapy and makes it very relaxing. Among its main benefits, are loosening and oxygenating tight muscles to discard toxins as a result of the heat generated and from the manipulations of massage. **60 min - \$100.00**

## *Pure essential personalized Facial Hydrating - Purifying - Sensitive skin - Antiage*

Because every face is different, we customize your facial depending on the needs of your skin, in a ritual that awakens all the senses with the purest ingredients. These are applied with soft brushes made of silk to leave your face with a new and rejuvenated appearance. **60 min - \$90.00**

*Seasonal Promotions: please, ask your therapist*



**Guaycura Boutique Hotel & Spa**

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## *Mango and Earth Ritual*

Experience a festival of flavors in your skin that will bring you to touch the essence of a magical place. The treatment begins with foot washing in sea salt and mango pieces, followed by a whole body exfoliation with a mixture of natural mango and walnut shells to leave skin clean and bright, to continue with paraffin wrap and mud to naturally detoxify and moisturize the skin, and ends with a massage using Shea butter and mango on the back and neck leave you completely renovated. **60 min - \$ 110.00**

## *Aloe and Yoghurt Ritual*

Ideal for sun-exposed skin. The sun can leave our skin sensitive and red, therefore we clean the skin with a fresh emulsion of aloe and wrap the body in yoghurt and jelly with vitamins A and B to reduce redness and to promote skin toning. **60 min - \$ 120.00**

## *Jazmin Organic Brides Ritual*

This is a ritual inspired by the Indonesian islands and it is suggested for Brides. It starts with a relaxing massage, followed by a wrap of the traditional "Lulur" derived from an ancient recipe of rice turner and jasmine scents. This ends with a delicious bath of flowers. This ritual is balances your PH to leave your body soaked in a sweet scent of jasmine. **60 min - \$110.00**

## *Ocean Baja Ritual*

The desert and the sea are brought together to offer the benefits of its elements in a ritual that helps drain withheld fluids. It begins with a thorough cleaning of the skin, continuing with a mixture of draining mud which we allow to rest while in a bath tub. This treatment is enriched with brown algae and very pure sea crystals. It is complemented with a massage that activates the circulation and relaxes sore muscles. It is highly recommended after a long journey. **60 min - \$100.00**

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